

Vol. 60 No. 35 Friday, August 29, 2003



GUANTANAMO BAY

New NAVBASE Chief Staff Officer Arrives

CDR Ricky Holt and his family, Cathy, Travis and Daniel, arrived Tuesday to begin their tour at Naval Base Guantanamo Bay. The family arrived here in memorable fashion as their flight from Norfolk was delayed for an extended period at Naval Air Station Jacksonville and then circled numerous times as they waited for a thunderstorm to clear the area of their approach into Leeward.

GTMOs unique weather patterns broke enough for the family to make the cross-bay trip to Windward without incident where they were treated to a nigiht off to recuperate. Welcome aboard! Right: GTMO-1 arrives at Flag Landing Tuesday with the Holt Family escorted by Capt. and Mrs. Mike Fair. About to come ashore is (I-r Daniel, Travis, CDR and Cathy Holt.



Meet & Greet

Parents and children visited the W.T. Sampson Elementary and High School on Friday, August 22 for the annual Meet and Greet with teachers and staff.

This was the first opportunity for many parents to meet with their child's teacher and learn about what to expect during the 2003-04 school year.

A table was also set up and staffed by the Cub Scouts and Boy Scouts of GTMO to register young boys for a challenging and rewarding experience in the scouts.







U.S. Naval Base Guantanamo Bay, Cuba



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Chief Staff Officer
CAPT Michael Fair
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CMDCM(SS) Al Steiner
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Public Affairs Officer
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JO1 Amy Kirk

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Phone: 4502, Fax: 4819
E-mail: pao@usnbgtmo.navy.mil
Gazette On-line:
www.nsgtmo.navy.mil

QOL Survey Results Rate Sailors' Satisfaction In Job, Personal Lives

By JO1 Teresa J. Frith

Chief of Naval Personnel Public Affairs

A Sailor's view of their quality of life plays an extremely important factor in determining whether they will choose to continue their military career. Recently, more than 5,000 Sailors expressed their views on quality of life in 15 areas during the 2002 Quality of Life Survey.

The survey, administered by the Navy Personnel Command's (NPC) Navy Personnel Research and Development Center (NPRDC), was sent to 17,000 randomly selected Sailors. Approximately one-third responded with their inputs. The survey addressed quality of life in four professional areas: shipboard life, career development, current job and Sailor preparedness, as well as 11 personal areas including leisure and recreation, friends and other personal relationships, and standard of living/income levels.

According to the survey results, Sailors seem positive about their overall quality of life, with 63 percent saying they were satisfied with the military way of life, and 84 percent satisfied with their life in general.

However, when asked about their feelings on their professional domains, including shipboard life, current job, preparedness and career development, the satisfaction level varied, with the junior enlisted ranks being less satisfied than chief petty officer and officer ranks.

Overall, only 41 percent rated shipboard life as satisfactory. For example, Sailors in the E2-E-6 range weren't as happy with their berthing space sizes as were the chiefs and officers.

Sailors in all ranks were more positive on the areas of current job, career development and preparedness, with overall marks of 67 percent for E1 - E6, 70 percent for chiefs and 79 percent for officers. The only exception was that less than half of the enlisted were satisfied with the amount of time they had to update their skills.

Similar finds were shown in the areas of standard of living/income, with the majority of E-2 through E-6 being dissatisfied with their income levels, stressing the need for more money for extras and saving, while CPOs and officers were generally satisfied with their income levels.

There was a similar trend in comparing non-career Sailors with less than 10 years of service to those of career Sailors with more than 10 years service. The survey showed that a sizeable number of non-careerists were happy with their career development and current job, but dissatisfied with shipboard life.

Thanks to these results, the Navy has concluded that improving shipboard life, especially for junior Sailors, is a way to improve overall quality of life and retention. The results of the survey have been forwarded to appropriate commands to determine how best to do this, including the possibility of things such as improving future ship designs to improve habitability issues, and accelerating construction of off-ship housing for single junior Sailors.

In the areas of job and career development, there are a number of initiatives underway to continue to raise satisfaction levels, such as mentoring, Sea Warrior and Covenant Leadership.

For more information on these initiatives, contact the NPC Customer Service Center at 1-866-U-ASK-NPC or visit them on the web at www.staynavy.navy.mil.

Chili Cookoff

Do you have a good chili recipe or think you do? Bring it to the Chili Cookoff and let the public judge. Five categories to choose from: Volcanic, Hottest, Hot, Best Tasting and Original Recipe.

When/Where: 11:30am Monday, Sept. 1st at the NEX Atrium If you wish to participate, contact AD2 Thompson at (w)4099 or (h) 7089. There is no fee to enter, only to taste.

News Briefs

SAC Meeting Sept. 5

The first School Advisory Committee (SAC) Meeting is Friday, Sept. 5 at 5:15pm at the Elementary School gym.

Items on the agenda include the election of new committee members for the 2003-04 school year and the elementary school daily schedule. Parents are encouraged to attend. For more details, call the 2207 or 3500.

Orthodontist Visit

On Sept. 17 GTMO residents who wear braces or retainers can make an appointment with the visiting orthodontist. This a one day event.

Call 7-2239/2241 to make an appointment. Any questions, contact DT2 Brinkmeier at 7-2242.

Base Siren Reminder

When you hear the Base Siren sound at anytime other than the scheduled test on Wednesday's at noon, turn to channel 4 or 6 for information and instructions.

Vet Clinic News

To all new arrivals with pets, please make sure your pets registered at the Vet Clinic within 2 weeks of arrival. If you have questions call 2212 or 2101.

Quilting Bee

Beginners and skilled welcom to come and share on September 4, 6-9pm, at the Community Center. For more information, call Tonja at 7328.

Girl Scouts Volunteers

GTMO Girl Scouts need volunteers for troop leaders positions for the Junior, Senior and Cadette troops. Adult volunteers are needed for other activities, too. For more details, call Tonja at 7328.

Taekwondo student photos

Taekwando students, past and present are invited to join in on a group or individual photo. The event is scheduled for 3pm Sunday, August 31 at the base gym.

Be a part of history. Any student that has a GTMO TKD Dobok and trained at GTMO TKD is part of the Dojang for life! RSVP to n45@usnbgtmo.navy.mil or call 7981.

Fire Warden Training

Fire Warden training is scheduled for Sept. 12, 9 to 11am in Bulkeley Hall Auditorim. Training is mandatory for all Fire Wardens. For more information, call the Fire Prevention Office at 4178.

Capt. Mike Fair Forced to Celebrate Birthday



Claiming he wasn't really surprised, Capt. Mike Fair began celebrating his last birthday in Guantanamo Bay at the weekly Department Head meeting at Bulkeley Hall. The meeting began with a hearty rendition of Happy Birthday and a short address by the Capt. (who even admitted that the references to his 51st birthday were off by just one as he actually turned 52).

Immediately following the meeting, everyone enjoyed some birthday refreshements.

Capt. Fair departs Guantanamo Bay in September for his new position in Washington with BRAC (orders pending).

Left: Capt. Fair cuts the birthday cake as CDR Denfeld waits patiently for a taste.

School Hours, Nutrition, Childcare Discussed at Special SAC Meeting

Do you know what SAC is and who your local representatives are?SAC stands for School Advisory Committee. These representatives are tasked with advising the W.T. Sampson school principal, Sandra DiQuinzio, about all school related matters, including budget execution, curriculum, policies, and support functions. There are three locally elected parents and three teachers on the Guantanamo Bay SAC.

The committee members are Julie Barnette, Charles Jenkins and Tony Stinson, who serves as the committee president. Shirley Baggett and Tina Lake represent the teachers. Currently, there is one teacher chair not filled. Each person fills their position for a two-year term, and elections are held as a chair becomes vacant. There are four meetings per year advertised on the roller and on Open Line. At this time minutes are not publicly posted.

Decisions made at the meetings are based on the concerns at that time. All parents are invited and encouraged to attend the SAC meetings.

Recently, an emergency SAC session was called to discuss the shortening of the school day. In an effort to alleviate concerns brought to the SAC in regards to disputes on the playground, it was determined that shortening the lunch period and recess would address the issues. As the school year approached this new schedule was publish and several parents voiced concerns about what appeared to be a severely reduced school day. The school principal reassured parents that instructional time has not been affected by the change in hours, and W.T. Sampson was meeting the minimum standard of instruction as mandated by the DoD - 5 and ½ hours, exclusive of lunch time and recess.

Many parents at the meeting expressed concern that "something is being taken from our children, and we want to get it back." SAC members stated that, "it is a staffing and resource issue; that it has been a challenge in the past to get volunteers", to work as lunch and play ground monitors.

There was a great deal of concern over the shortened lunch hour and how that will affect our children's nutritional habits as well as their ability to function competently throughout their school day. Lt Ken Arlinghaus, the hospital dietician, offered volumes of research in support of a minimum 20-minute seated eating period. Further research offered expounded on the benefits of proper nutrition habits and educational aptitude, as well as research that supported a prelunch recess verses a post-lunch recess period.

The final outcome of the meeting was that the decision to shorten the school day would stand, however, implementation would be delayed for two weeks so that a proper vote can be taken.

Furthermore Craig Basil of MWR eased many concerns by guaranteeing that childcare fees would not increase.

After much discussion, it became obvious that the root of the debate laid in a breakdown of communication. If more parents knew what the SAC was and why it's important, and if agendas had been posted and better advertisement been offered, perhaps a more representative vote could have been collected prior to the decision to make changes. It is important to be pro-active in your child's education and to know who has influence over how they receive that education. It is also important for those institutions to make themselves known and accessible.

The base's commanding officer, Capt. Les McCoy, attended the meeting and stressed the importance of the roller, *Gazette*, and radio as means of communication here in Guantanamo Bay.

Parents are strongly urged to watch, read, and listen for announcements concerning the SAC, Parent Teacher Organization (PTO) and other base advisory meetings so that they may attend and play an active role in determining their child's educational atmosphere.

For more information on the local SAC, contact the school at 3500. For more on nutrition, contact Lt. Arlinghaus at 7-2270.

Transitioning? 10 Ways to Find 20 Employers

From William Barber Transition Manager, FFSC Guantanamo Bay Cuba

It's all a numbers game. If you market yourself to 10 employers, you should land one interview. Statistically, you should expect a 9 to 10 percent success rate. By marketing to 20 employers, 10% would be two interviews. Less than 10, and your success rate will be zero. So, let's get started and become a success story.

Referrals - Talk to everyone you know; friends, family, relatives, neighbors, and others. Ask about employers hiring in the area or occupation. Referrals land 80% more jobs than any other resource.

Community Agencies - There are dozens of organizations within your community that exist to help individuals and provide information. Check government, job services, public libraries, Chamber of Commerce and city halls for any information or assistance.

The State Career Training Center (formerly "Job Service") - There is approximately 2000 state Career Training

Centers around the country. They are there for assistance in accessing the job market and often times provide employment assistance in the form of resume help, interviewing skills and others. The Department of Labor provides a counselor at each Career Training Center for veterans' assistance.

Newspaper Want Ads - Use the Help wanted Ads to spot employers that are hiring at the desired location. It also is an excellent way to find point of contact at the desired company. Use the ads to approach the company even if it's out of your career field.

Yellow Pages - Use this avenue to investigate local employers in the area. It will also be a useful tool to identify a cross sectional view of all businesses in the area.

Trade Journals - Every trade journal will have a help wanted section. Use this to identify who is hiring and where in the country.

State Indexes - State Indexes will identify businesses in certain fields like production, retail, service Industry and so on. Check the local library or Internet for these listings.

Local Businesses - Check the local Chamber of Commerce to identify local businesses.

The Internet - There are many job sites on the Internet now to assist with employment. Almost every business will have a web-site and allow applications over the Internet. Ensure you follow the applicable instructions at each Web-site as each one is different.

Temporary Agencies - Temp agencies are a good place to start especially if you cannot penetrate the local job market. More companies are using temp services these days, especially to fill, entry level positions because of the cost to hire an individual outright. Don't rule out these companies, they offer many benefits.

If you aren't sure or require more information, the local Fleet and Family Support Center is a good place to start. The specialists are willing and able to provide any type of assistance needed for you employment success. Our TAP class is scheduled for September 2-5, 2003. Call 4141 today or stop in and see how we can help.

NLSO Services Explained

The Naval Legal Service Office, or NLSO is located in building 760 on Admin Hill, phone number 4692. We are a Branch Office of the Naval Legal Service Office Southeast, located at Naval Air Station, Jacksonville, FL. Our office hours are 0800 to 1100 and 1300 to 1600, Monday through Thursday, and 0800 to 1100 on Fridays. We provide legal assistance, including but not limited to Powers of Attorney, Bills of Sale, Estate Planning, Domestic Relations, and house the Tax Center.

All GTMO residents are eligible for Power of Attorney (POA), Bill of Sale and notary services. These services are provided on a walk-in basis; no appointment is necessary. In order to perform notary services, we must witness you sign the document, regardless of the type of document. To obtain a Bill of Sale (car or boat), both the seller and buyer must be present at the NLSO to have the document notarized. There is no fee for POA's, Bill of

Sales or notary services.

All other services are by appointment only. Eligibility for Estate Planning, Domestic Relations, Tax Center and other types of appointments are open to Active Duty service members and their dependants, Retirees and their dependants, Activated Reservists, and DOD employees only.

The NLSO Tax Center is only open seasonally, from January to June. The NLSO is no longer accepting appointments for tax preparation services, but if you have a problem with a return prepared here, we are available to assist you. The Tax Center is currently slated to re-open in January for future tax returns.

As with all military benefits, some services previously provided at this office may not currently be offered. All legal assistance is provided as available and may vary depending upon existing resources. Please call for more information or to make an appointment.

Plant Nursery Re-opens

The PWD Plant Nursery re-opening is Sept. 15. The nursery is open on the first and third Saturday of each month. Hours of operation are 8:30 to 11am. Please bring your plant chits and base ID. Parking is at the western entrance.

Reminder to Housing Residents

Effective Sept. 1, plant chits will be sent out electronically. Email the Family Housing Department at roquehl@usnbgtmo.navy.mil to sign up. You will need to provide your name, address and phone number.

Worship Services

Catholic Mass

(Main Chapel) *Monday - Friday* Daily Mass (Cobre Chapel)0630 Friday

1700 Holy Hour/Rosary (Cobre Chapel)

Saturday

Reconciliation 1630 Eucharist/Mass 1730

Sunday

Eucharist/Mass 0900 La Santa Misa (Spanish) 1100 Eucharistic Adoration

(Cobre Chapel) Daily 24hrs

Protestant Services

Sunday

Services - Main Chapel 1100 Praise & Worship 1830

New Life

(Main Chapel) Sunday Worship Service 1245 Sunday School (Santuary B) 1130

Church of Jesus Christ of **Latter Day Saints**

(Sanctuary A)

Sunday Sunday Sacrament 0900 Monday

Families Home Evening

1800

Wednesday Ladies Relief Society 1900 Thursday Young Women 1900

Jewish

(Fellowship Hall) Every Friday 2000

Filipino Bible Fellowship

(Sanctuary A) Sunday Worship

Iglesia Ni Cristo

(Sanctuary B) Sunday 2000

Pentecostal Gospel Temple

(Sanctuary C) **Sunday** hip 0800 & 1700 Worship

Seventh Day Adventist

(Sanctuary B) Saturday Divine Service

Islamic Service

(Classroom 18) Friday Worship

United Jamacian Fellowship

(BLDG. 1036 - Next to Phoenix Cable) Sunday Service 1100 & 1830

Camp America Chapel

Sunday Praise & Worship Bus Transportation available at 8am, Windward Loop and 8:15am, TK.

For information about Sunday School, Education Programs, Bible Study, Prayer Groups, etc. Call the Chaplain's Office at 2323.

DAPA Notes

The legal drinking age on board Naval Base, Guantanamo Bay is 21. Those people who are not 21, may not consume, purchase, possess, or transport any alcoholic beverage(s).

If you are 21, you may not purchase, sell, or distrubute any type of alcoholic beverage(s) to those not 21 years or older.

Remember you are responsible and accountable for your actions whether you are sober or not. If you choose to drink, drink responsibly!

Environmental Reminders

√ Don't leave car batteries, used oil or other waste laying around when you work on your car. Take these items to recycling or Hazardous Waste. Call 4994 or 4376 for assistance.

√ Help keep plastic and debris out of the water and off beaches.

√ 20 Recycle tickets earns you a free T-shirt.

Energy Conservation

Turn all the lights and office equipment off in the office when you go home for the night.

Force Protection

Develop a family duress code so family members can warn each other when they are in danger.

Keep **GTMO** Beautiful



Water Conservation

Aug 18 - 24

8.107.000.0 Used Daily avg. 1,158,142.9 Daily goal 1,000,000 gal

> We were \$21,033 over budget for the week.

School Lunch Menu

Sept. 2 - 5

MONDAY -

Labor Day No School

- TUESDAY-

Chicken Pattie, Lettuce & Tomato, Baked Beans, Sliced Pineapples Milk

- WEDNESDAY -

Fish Sticks. Macaroni & Cheese, Mixed Vegetables, Fruit Cocktail, Milk

- THURSDAY-

Stew Beef. Mashed Potatoes, Broccoli Spears, Seedless Grapes, Milk

- FRIDAY -

Pepperoni Pizza, Carrot Sticks. Buttered Corn. Sliced Pears. Milk

GTMO SHOPPER

For Sale

- (1) Get more channels 3ft DSS Alpha Star satellite dish antenna w/ bracket (antenna only), \$70 OBO. Call Granville, 7384 or 6277.
- (1) 2 Color TV's for sale \$50, \$75. Entertainment Ctr, \$50. FMI, call 7031.
- (1) Packard Bell 166 computer, CD rom/writer, Epson color printer, HP scanner, all with stand \$200. Call 7189.
- (1) Gas grill, \$75. Call 7189.
- (1) 70 lb. Everlast punching bag and brand new gloves. Bag is in great shape. \$50 for both. Call 7797.
- (1) Great Xmas gift-MP3 player, like new, includes software, manual, headphones, USB cable, and 2 NIP 128MB smart media cards. Sounds great! Approx 5hrs music storage. FMI, call 5666 AWH.
- (1) Computer CPU, monitor, speakers, keyboard, mouse \$300. Call Gobin, 5583 (leave message) or (h) 7068, (w) 3664.
- (1) JVC 13" TV with built in VCR, connections to receive external DVD, and remote control. Used only four months. \$145. Call 3202 days, 3511 after 9pm, or try cell 84108.
- (2) Tupperware for sale. Call Esther 7055 (AWH)
- (2) Dive gear: 2 Scuba Pro Glide BC's less than a year old in great shape, \$275 each. Assorted regulators from \$125. If interested in starting out with dive gear it don't GTMO better. Call 7945 after 6pm.
- (2) Bedroom Suite: Queen bed, top of the line mattress/boxspring, headboard, 2 end tables, dresser with mirror, 7 drawer chest, one year old. \$1,500. Call 3462 or 7379.
- (2) Dining table w/glass top and 2 rattan chairs, \$95. FMI, call 7672.
- (2) Pentium IV HP w/flat screen monitor, laser mouse, speakers, CD burner/DVD player. Excellent deal for\$1,000. Call Micah, 5758 between 8am and 3pm.
- (2) New cherry wood finish entertainment center, 27-inch RCA TV, 4 head VCR, all for an unbelievable \$300. Call 5517.
- (2) Diving Equipment Regulator w/ octopus, pressure, depth gages and

- compass; XL Seaquest BC; 2tanks, xtras. Package deal, \$900, negotiable. Call 8301 after 5pm.
- (2) Softball Bat 2002 EST Xtra-34 in., 28 oz with 11" shell-just bought this year; it's in great shape, Need to sale it soon. Paid \$118, selling for \$90. Call David DWH6142 or AWH8181.
- (2) Sony Clie PEG-N760C 2 years left on an extended warranty (2) 128MB memory sticks, (1) 8MB memory stick, and EB case. Asking \$250 OBO. FMI, call WK 3579 or HM 8036.
- (3) Scuba Pro Glide Plus BCD-rarely used, like new. Includes weights. Size Large. \$350. Call 5700.
- (3) 1985-86 Brand New Holley Carburetor for a Dodge/Voyager/Mazda-2.2-4 CYL W/A.C. 2 Barrel Holley 6520. Call/leave msg at 7809.

VEHICLES/BOATS

- (1) Classic 1986 Jeep Grand Wagoneer, \$3800. Call 7189.
- (1) 1988 Chevrolet truck with nice CD player, \$2500. Call 7189.
- (1) 1980 Ford 150 rebuilt carb., new battery, alternator, radio and rear tires. Runs great. Sold with grill, tank rack and backseat. \$1,900 OBO. Serious offers only. Call 7535.
- (1) 1987 Dodge Pick-up, \$2,100. FMI, call 2907.
- (2) 1987 Honda Rebel 250, \$900. Low miles, extra parts, runs great. Call (h) 8104 or (w) 3015.
- (2) Great Jeep CJ-5 (the blue one) with 2 tops, in great shape. Great transportation for the islands. Only serious offers. \$4000 firm. Call 7945 after 6pm.
- (2) 1985 Dodge Ram Extended cab pick-up. Runs good. \$1400 OBO. Call Ken at 5061/8640
- (2) 1988 Volkswagen Fox, Blue, 4 sp manual trans - \$2,300 OBO. Call Bernardo DWH7-2252 or AWH7429.
- (2) 1998 Ford Ranger XLT Extended Cab. Automatic, 6 cyl, fully loaded, new tires. 56K miles, fully loaded, bedliner, new BF Goodrich Radial TA tires. Selling for Kelly Blue Book price \$8,000. Contact 3462 DWH or 7379 AWH.
- (3) Nice Dodge car, asking \$1,200. FMI, call Bernie or Frank at 2550.

American Red Cross Volunteer Opportunities

The ARC is seeking volunteers interested in helping others. Funds for childcare are provided during volunteer hours. Contact your American Red Cross at 5060 for more information.

Volunteer Opportunities

Naval HospitalVolunteer LeadersDental ClinicPublic SpeakingHealth & Safety InstructorsOffice AssistantMaintaining Files / RecordPublic RelationsCanteenCaseworkers

Assist with Briefings Short-term volunteer work Fundraising Chair

ARC Thank Yous

The American Red Cross wishes to extend heartfelt appreciation to those participants in the Weapons of Mass Destruction Disaster Exercise. Through your involvement the Emergency Responders and community is better prepared to face future emergencies. We are deeply grateful for the generous contributions of refreshments from our local McDonald's. The Red Cross thanks the Fire Fighters, Security, Hospital Corpsmen and other emergency responders who took very good care of our volunteer actors who portrayed disaster victims. They all returned safely.

Downtown Lyceum

Smoking at the Lyceum is allowed only in the bleachers. Also, glass bottles are prohibited. Please help make the movie going experience enjoyable for all by following the rules.

Serious offers only.

(3) 1990 Ford Taurus station wagon. Runswell. Price \$3,500 OBO. Contact Anna at 7489.

WANTED

Looking for a gas BBQ grill and an 18-21 speed mountain bike. Call 7311.

Wanted to buy - Surfboard racks. Call Patrick, 5639.

Want to buy an existing Dish Satellite system. Call 3339 or 7804.

EMPLOYMENT

Your Navy Exchange is looking for applicants for the following full-time positions: Security Guard, Barber/Hairstylist, Room Attendant (Navy Lodge), Manicurist, and Floral Display Artist. Please pick up your application on the second floor of the NEX if interested.

ANNOUNCEMENTS

Pampered Chef, call for catalogs and fall special on stoneware. Orders due by Sept. 17th. Call Michelle at 7511.

YARD SALES

Sunday, Aug. 31, 8 to 10am-CP-3B. Monday, Sept. 1, 4 to 6pm-DP 1103. Mostly plants/nice ones. Few misc items. No early birds!

Lost & Found

Keys found 8/21 on Kittery Beach Road. Wooden key chain engraved with the name Michael. Call 7676 to claim.

Personals

Still-just minding my own business.

SINBAD LEGEND OF THE SEVEN SEAS

Animation/Romance 1 hrs. 30 min.

Starring the Voices of: Brad Pitt Catherine Zeta-Jones Michelle Pfeiffer

The famous Arabian sailor, Sinbad is framed for a crime by the goddess of Chaos. Setting out to prove his innocence, Sinbad travels to where the goddess resides, where



he is challenged by terrifying monsters Sinbad also has to deal with the golden "Apple of Discord", which has the ability to turn friends into enemies when thrown in their midst.

TERMINATOR 3: RISE OF THE MACHINES

Sci-Fi/Action 1hr 48min

Starring: Arnold Schwarzenegger Nick Stahl Claire Danes

A decade has passed since John Connor helped prevent Judgement Day. Now 25, he lives "off the grid" - no home, no credit cards, no cell phone and no job. There is no record of his existance and no way he can be traced by



Skynet, until out of the shadows of the future steps T-X, Skynet's most sophisticated cyborg killing machine.

ALEX & EMMA

Drama/Romance 1hr 36min

Starring: Luke Wilson Kate Hudson

A novelist with a gambling problem, Alex, decides to force himself out of writer's block by putting himself in a dangerous situation. He takes a \$50,000 advance on his next novel to pay off his (gambling) debts, and agrees to a thirty day



deadline. If he doesn't turn in a finished novel by the deadline the publisher will own anything else he writes for the rest of his life. So, he hires a beautiful stenographer, Emma, to help him get the book done in time. In the process she inspires what eventually becomes a love story, as they fall for each other.

Movies

FRIDAY, Aug 29

8pm Alex & Emma
PG13 96min
10pm Legally Blonde 2
PG13 94min

SATURDAY, Aug 30

8pm Rugrats Go Wild PG 81min 10pm Terminator 3 R 108min

SUNDAY, Aug 31

8pm Sinbad Legend of the Seven Seas PG 86min 10pm HULK PG13 138min

Monday, Sept 1

8pm Charlie's Angels 2 PG13 103min

TUESDAY, SEPT 2

8pm Seabiscuit PG13 130min

WEDNESDAY, SEPT 3

8pm Legally Blonde 2 PG13 94min

THURSDAY, SEPT 4

8pm Terminator 3 R 108min



Labor Day Tennis Tournament

Men and Womens Divisions 6pm August 29th 10am August 30th BEQ Tennis Courts Sign-up at the Base Gym FMI call 2193

Labor Day 5K Fun Run

Saturday, August 30th 6:30am at the Base Gym FMI call 2193

Labor Day Co-ed 1-Pitch Softball Tournament

Saturday, August 30 5pm Cooper Softball Fields 2, 3 & 4 FMI call 2193

Labor Day 3-on-3 Beach Volleyball Co-ed Tournament

Sunday, August 31 1pm at Windmill Beach FMI call 2193

MWR Ceramics Shop

The Ceramic Shop is closed Sept. 1 for Labor Day and Sept. 2 for inventory. Sorry for any inconvenience.

Youth Center

Evening Hours of Operation Thursday 7:30pm - 10:30pm Friday 7pm - Midnight Saturday 2:30pm to 5:30pm and 7pm - Midnight FMI Call 4658

Teen Center

New Hours of Operation Monday - Thursday 2:30pm - 10pm Friday 2:30pm - Midnight Saturday 1:30pm - Midnight FMI Call 4658/2096

Parent's Night Out at CDC

Sept. 20th 6:30pm to Midnight
A reservation fee of \$2.50 is due by
Sept. 17th to hold a spot for your
child(ren). An additional fee of \$1.50 is
due for each additional child. The
reservation fee is non-refundable. One
hour-\$2.50, two hours-\$5.00 and three
or more hours-\$12.00
FMI Call 3664

For more information on any of the events listed above, call 5225.